**Poster P03**

*Proposal Title*

**Survivor Researcher Network: Mental health knowledge built by service users and survivors**

*Names of Authors or Facilitators, Affiliations, and Contact Details.*

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*Synopsis of Proposal: maximum of 250 words, up to two figures (optional) and up to three references (optional).*

This workshop, centred on the Survivor Researcher Network manifesto, will provide space for discussion of issues facing survivor researchers/academics with psychosocial disabilities.

The discussion will include consideration of reasonable adjustments, addressing hazardous and inaccessible psychosocial environments, and the impact of highly competitive academic cultures and bullying on mental health, and intersectional dimensions such as where racism is evidenced in higher education.

We have personal experiences of support needs for PhD study, discrimination associated with heteronormative and sexist work culture and hierarchical layers of discrimination that hide personal experiences at the root of distress.

We wish to build on the [4PI of involvement developed by NSUN](https://www.nsun.org.uk/Pages/FAQs/Category/our-projects-and-research), with a 5th P for progression, and consider support for survivor researchers who are often employed outside of academic institutions on part time or temporary contracts. This has an impact on wellbeing, and further disadvantages people from marginalised groups (of any protected characteristics). We will also consider the nature and usefulness of peer support.

The [Survivor Researcher Network](https://www.nsun.org.uk/Pages/FAQs/Category/our-sub-network) (SRN) is an independent, user-controlled and diverse network for mental health service users and survivors who are engaged in or interested in research, supported by NSUN, National Survivor User Network.

The SRN Manifesto (available [here](https://www.nsun.org.uk/Handlers/Download.ashx?IDMF=941b61f7-4a71-4eba-8099-1269177a7858)) has been written by our working group who have academic and independent survivor research backgrounds. It sets out the nature and context of our approach to survivor research and our aims and values as a network.